

IS YOUR BUSINESS REALLY FIT?

DEVAKIR MENON (MANAGEMENT CONSULTANT)

FIT Business Waste Checklist (Trim the Fat using TIMWOOD + Talent)

T - Transport

- Are materials, documents, or people moved around unnecessarily?
- Do customers or employees face too many touchpoints for simple tasks?

I – Inventory

- Do we hold too much stock, raw material, or unfinished work?
- Is money stuck in items that aren't moving?

M – Motion (People)

- Do employees waste time searching for files, tools, or approvals?
- Is there repeated back-and-forth that adds no value?

W – Waiting

- Do employees, machines, or customers often wait for information, approvals, or materials?
- Are projects delayed because decisions take too long?

O – Overproduction

- Do we produce more than customers actually demand?
- Do we start work early 'just in case'?

O - Overprocessing

- Are we adding steps, features, or reports that customers don't really need?
- Do we spend time perfecting things beyond what's required?

D - Defects

- Do we frequently redo work due to mistakes, unclear requirements, or poor quality?
- Are customer complaints recurring?

S – Skills (Talent)

- Are employees' ideas and skills ignored?
- Do people feel stuck doing low-value work when they could contribute more?

Qı	uick Self-Check: 🗸 🗙	
	Ifyou tick 'Yes' often→ that's your fat.	
	Mostly 'No' → your business is running lean.	

